

TIRED OF SLEEPLESS NIGHTS?

Do you wake up with a headache in the mornings?

Do you feel tired and sluggish after you have slept all night?

Have you been diagnosed with sleep apnea and refuses to wear the CPAP that was recommended?

If you have answered yes to one or more of these questions, you could be one of the millions of Americans who suffer from sleep apnea and chronic snoring.

Sleep apnea is a temporary cessation of breathing during sleep, occurring many times during the night. People suffering from sleep apnea stop breathing for 10 - 20 seconds at a time, then strenuously gasp for air. This may happen as often as every few minutes. The most obvious indicator is heavy snoring.

Unfortunately most people who have sleep apnea do not realize the harmful side effects that can occur beyond just being tired. Poor supply of oxygen to the brain increases incidents of strokes, high blood pressure, heart problems and increased risk for *Type 2 Diabetes*.

Dr Stolzenburg has helped many patients with a mild form of sleep apnea with a removable custom fitted oral appliance that keeps the airway open and minimizes the effects of mild sleep apnea!

\$200.00 OFF Invisalign Treatment



Now through December 31, 2011, get \$200.00 off Invisalign Treatment when you mention this AD

Thank you!

To our patients.....

Please accept our gratitude for your trust and loyalty to our practice family. You are the reason we are so committed to continuing education as well as leading-edge technology, procedures and materials.

It's been our pleasure to provide the highest standard of preventive dental and oral health care to you, our patient, your families and your generous referrals.

Yours in good dental health,

Dr. Denny, Jennifer, Garnee and Terri

Dental Implants - The Permanent Solution to Tooth Loss!



Nobody wants to lose teeth, but let's face it- it can happen to anyone. Maybe even you? Thanks to dental implants you can have replacement teeth that look and feel like your own. A dental implant is an artificial tooth root that a periodontist or oral surgeon places into your jaw to hold a replacement tooth or bridge.

Dental implants are an ideal option for people in good general dental health who have lost a tooth or teeth due to periodontal disease, injury, or some other reason. Here are some of the advantages of having a dental implant:

- Adjacent teeth are not compromised
- Convenient oral hygiene
- Improved appearance

We would be happy to answer any questions you may have about implants or sleep apnea. Please call us at 425.743.9771